
LARYNGOSCOPY & BRONCHOSCOPY – DISCHARGE INSTRUCTIONS

What should I expect?

- Your child may have a sore throat or mild pain in the chest for one to two days afterwards.
- It is normal to cough up a small amount of blood. This from the “scope” irritating the airway.
- Your child may have a hoarse voice. This should improve slowly and be back to normal in a few days.

What if my child complains of throat pain or discomfort?

- You may give your child Acetaminophen (Tylenol® or Tempra®) every four hours as needed for throat discomfort.
- For the right amount to give, follow the instructions on the Acetaminophen bottle using your child’s weight. Do not give more than five doses in 24 hours. Your child’s weight is _____ kg / lbs.

What can my child eat?

- There are no restrictions.
- Before you leave the hospital, your nurse will check to see if the local freezing that was sprayed on your child’s throat for the procedure has worn off. This usually takes up to two hours from the time of the procedure.
- Once you are at home, your child can go back to his or her regular diet. If your child’s throat is sore, you may offer cool liquids and soft foods.

How active can my child be?

- The day after the procedure, your child may return to regular activities, including school or daycare.
- Keep your child away from smoky environments, as this is irritating to breathe.

Does my child need a follow-up appointment?

- No appointment needed
- Call the doctor's office the next day and schedule an appointment for _____ from today.

When should I call the doctor?

- Temperature higher than 38.5°C for longer than 24 hours.
- Pain not controlled by medicine that has been recommended.
- Discomfort with swallowing for more than 24 hours.
- You are concerned or have questions.

Take your child to the nearest emergency department if your child has:

- Fast or noisy breathing.
- Wheezing – whistling sound with breathing.
- Chest or neck skin pulls in with each breath.
- Coughing up blood or bloody mucous the day after surgery.
- If your child is having problems that you cannot resolve, and you are unable to reach a doctor.

Call 911 if your child has bluish color around the lips, mouth or fingernails.

**For postoperative questions or concerns, please contact our
Pediatric ENT Nurse Practitioner at 780.407.1966
weekdays (Monday to Friday) from 7:00 a.m. to 5:00 p.m.**

If you have problems that you cannot resolve, and you are unable to reach the doctor or nurse practitioner, please be sure to take your child to the nearest emergency department